

Welcome to All Saints!

Young children are most welcome to remain with us during the service. That being said, you are also welcome to make use of our nursery if you so choose. We have a nursery available for all children from birth to four years. Please ask an usher for directions. For those children ages three and up, we offer Children's Chapel during the first half of the worship service and we have Angel Bags located near the front door of the church full of activities to aid them in worship. Please return the bags to the basket after the service.

For those Who Are Gluten Intolerant: When you come up to receive communion, please go to the center communion station with Rev. Elaine as she has gluten-free wafers.

Prelude - Prelude in G

Felix Mendelssohn (1809-1847)

The Welcome

Processional Hymn - Come Thou Fount of Every Blessing

#686

Opening Acclamation

BCP p. 355

The people standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

And blessed be God's kingdom, now and forever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Sung by all

Benedictus es, Domine

S236

Glory to you, Lord God of our Fathers; you are worthy of praise; glory to you.

Glory to you, for the radiance of your holy Name; we will praise you and highly exalt you forever.

Glory to you in the splendor of your temple; on the throne of your majesty, glory to you.

Glory to you, seated between the Cherubim; we will praise you and highly exalt you forever.

Glory to you, beholding the depths; in the high vault of heaven, glory to you.

Glory to you, Father, Son and Holy Spirit; we will praise you and highly exalt your for ever.

Collect of the Day

The Lord be with you.

And also with you.

Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated.

The First Lesson

Ezekiel 18:1-4, 25-32

The word of the Lord came to me: What do you mean by repeating this proverb concerning the land of Israel, “The parents have eaten sour grapes, and the children’s teeth are set on edge”? “As I live,” says the Lord God, “this proverb shall no more be used by you in Israel. Know that all lives are mine; the life of the parent as well as the life of the child is mine: it is only the person who sins that shall die. Yet you say, ‘The way of the Lord is unfair.’ Hear now, O house of Israel: Is my way unfair? Is it not your ways that are unfair? When the righteous turn away from their righteousness and commit iniquity, they shall die for it; for the iniquity that they have committed they shall die. Again, when the wicked turn away from the wickedness they have committed and do what is lawful and right, they shall save their life. Because they considered and turned away from all the transgressions that they had committed, they shall surely live; they shall not die. Yet the house of Israel says, ‘The way of the Lord is unfair.’ O house of Israel, are my ways unfair? Is it not your ways that are unfair? “Therefore I will judge you, O house of Israel, all of you according to your ways, says the Lord God. Repent and turn from all your transgressions; otherwise iniquity will be your ruin. Cast away from you all the transgressions that you have committed against me, and get yourselves a new heart and a new spirit! Why will you die, O house of Israel? For I have no pleasure in the death of anyone,” says the Lord God. “Turn, then, and live.”

The Word of the Lord.

Thanks be to God.

Psalm 25:1-8

The Hymntune Psalter

Re - mem ber, O — LORD, your com - pas - sion and love, for they are from ev - er - last - ing.

The image shows a musical score for Psalm 25:1-8. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature has three flats (B-flat, E-flat, A-flat), and the time signature is common time (C). The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are written below the treble staff, with a long line under 'O' and 'LORD' to indicate a longer note value. The piece ends with a double bar line.

1 To you, O Lord, I lift up my soul; my God, I put my trust in you; *

let me not be humiliated, nor let my enemies triumph over me.

2 Let none who look to you be put to shame; * let the treacherous be disappointed in their schemes. *Antiphon*

3 Show me your ways, O Lord, * and teach me your paths.

4 Lead me in your truth and teach me, *

for you are the God of my salvation; in you have I trusted all the day long. *Antiphon*

5 Remember, O Lord, your compassion and love, * for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *

remember me according to your love and for the sake of your goodness, O Lord. *Antiphon*

7 Gracious and upright is the Lord; * therefore he teaches sinners in his way.

8 He guides the humble in doing right * and teaches his way to the lowly. *Antiphon*

The Second Lesson

Philippians 2:1-13

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death— even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for his good pleasure.

The Word of the Lord.

Thanks be to God.

The people stand, as able.

Sequence Hymn - *At the Name of Jesus* (verses 1-4)

#435

The Gospel

Matthew 21:23-32

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

Glory to you, Lord Christ.

When he entered the temple, the chief priests and the elders of the people came to him as he was teaching, and said, “By what authority are you doing these things, and who gave you this authority?” Jesus said to them, “I will also ask you one question; if you tell me the answer, then I will also tell you by what authority I do these things. Did the baptism of John come from heaven, or was it of human origin?” And they argued with one another, “If we say, ‘From heaven,’ he will say to us, ‘Why then did you not believe him?’ But if we say, ‘Of human origin,’ we are afraid of the crowd; for all regard John as a prophet.” So they answered Jesus, “We do not know.” And he said to them, “Neither will I tell you by what authority I am doing these things. “What do you think? A man had two sons; he went to the first and said, ‘Son, go and work in the vineyard today.’ He answered, ‘I will not’; but later he changed his mind and went. The father went to the second and said the same; and he answered, ‘I go, sir’; but he did not go. Which of the

two did the will of his father?” They said, “The first.” Jesus said to them, “Truly I tell you, the tax collectors and the prostitutes are going into the kingdom of God ahead of you. For John came to you in the way of righteousness and you did not believe him, but the tax collectors and the prostitutes believed him; and even after you saw it, you did not change your minds and believe him.”

The Gospel of the Lord.
Praise to you, Lord Christ.

The Sermon

The Rev. Angela Furlong

The people stand.

Nicene Creed

Said by all.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God,
Light from Light, true God from true God, begotten, not made, of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Form VI, BCP p. 392

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble; remembering especially our Military and First Responders:
Bruce, Tavis, Chris, Jasmine, Roanan, and Ryan.
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, for Eugene and Carrie, our bishops, and for all bishops and other ministers;
For all who serve God in God's Church.

For the special needs and concerns of this congregation, remembering especially: Alain, Amanda I., Angie, Anita & David Lane, Ann, Ann Lebherz, Ann & Ai, Bailey, Bill Lindeman, Bill R., Bob Vandervort, Bonnie, Brandi, Caroline, Chris Caro, Cindy Gaver, Cindy Wolfe, Columba, David, Dave, Donna, Dottie, Ella Beard, Eric Potts, Erin, Jason & Audrey, Joan, John & Sudha, John S., Joyce, Kat, Kevin R., Leah, Liz Tyeryar-Nagle, Lynne, Mark, Miranda, Jack & Zoe, Meg Williams, Nate, Pam, Reina, Ross, Sarah Hudson, Sheila, Stella, Steve, Sue, Terri, Tom, Tony Kitchen and Trevor.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life, remembering especially Bright Beginnings Learning Center.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Announcements

Birthday Prayer

BCP p. 830

Watch over thy child, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their heart may thy peace which passeth understanding abide all the days of their life; through Jesus Christ our Lord. **Amen.**

Offertory Sentence

We invite you to give generously to the mission and ministry of All Saints’.

To provide financial support of the church, scan our QR code, or visit allsaintsmd.org and click donate.



Offertory - O Love

Elaine

Hagenberg (b. 1979)

O Love that will not let me go, I rest my weary soul in Thee;
I give thee back the life I owe, That in thy ocean depths its flow may richer fuller be.
O Joy, that seeks me through the pain, I cannot close my heart to thee,
I trace the rainbow through the ran, and feel the promise is not vain, that morn shall tearless be.
O Love that will not let me go, I rest my weary soul in Thee;
I give thee back the life I owe, That in thy ocean depths its flow may richer fuller be.
That morn shall tearless be, O love, that will not let me go.

Hymn At The Presentation - Jesus Shall Reign (vs. 5) and Doxology

#544

- 1 Let every creature rise and bring peculiar honors to our King;
 angels descend with songs again, and earth repeat the loud amen.
- 2 Praise God, from whom all blessings flow; praise him, all creature here below;
 praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer A

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and creator of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

BCP p. 364

And now, as our Savior Christ has taught us, we are bold to say:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem

S155

Al - le - lu - ia, al - le - lu - ia.

lu - ia, al - le - lu - ia. Christ our Pass - o - ver is

sac - ri - ficed for us; there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Voluntary

Communion Hymn - *Before Thy Throne, O God, We Kneel*

#574

The Post Communion Prayer

BCP p. 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant offers a blessing, and the people respond Amen.

Recessional Hymn - *Guide Me, O Thou Great Jehovah*

#690

The Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.

Postlude - *Toccata on 'Nettleton'*

Albert Travis (b. 1940)

ARE YOU NEW?

If this is your first time at All Saints, we'd love to learn more about you. Please scan our QR code to fill out our welcome form and a member of our "Connect Team" will be in touch with you shortly.



Today at All Saints'

- 8:00 AM Holy Eucharist Rite I
- 9:00 AM Fellowship Hour (Parish Hall)
- 9:00 AM Children's Formation (Classrooms)
- 9:00 AM Adult Formation (Great Hall)
- 10:00 AM Holy Eucharist Rite II
- 10:00 AM Children's Chapel (St. Paul's Chapel)
- 11:30 AM Youth Group (6th-12th grades) (Jr/Sr Room)
- 2:00 PM DoK Discernment Class (Jr/Sr Room)

This Week at All Saints': October 2 - October 8:

Monday:

- 12:00 PM St. Mary's Chapter (Great Hall)
3:00 PM Buildings & Grounds Committee Meeting (Conference Room)
7:00 PM Bible Study (Zoom)

Wednesday:

- 10:00 AM Truth & Reconciliation Committee Meeting (Conference Room)
5:30 PM Healing Service with Eucharist (St. Paul Chapel)

Thursday:

- 6:30 PM Hand Bells (Faithful Followers)
7:30 PM Choir Practice (Choir Room)

Saturday:

- 8:00 AM Men's Ministry Breakfast (Parish Hall)
8:30 AM Centering Prayer Group (Zoom)
9:00 AM Altar Guild Workshop (Sacristy)

Sunday:

- 8:00 AM Holy Eucharist Rite I
9:00 AM Fellowship Hour (Parish Hall)
9:00 AM Children's Formation (Classrooms)
9:00 AM Adult Formation (Great Hall)
10:00 AM Holy Eucharist Rite II
10:00 AM Children's Chapel (St. Paul's Chapel)
11:30 AM Youth Group (6th-12th grades) (Jr/Sr Room)
2:00 PM DoK Discernment Class (Jr/Sr Room)
3:00 PM Blessing of the Animals (Memorial Garden)

First Generation Women in the Early Church - Please join us when you can to learn more about women who shaped the early Church! Bring along your coffee/beverage! If you have any questions or concerns, please feel free to contact **Rev. Elaine Prince** at revprince1986@gmail.com. Our upcoming meetings will consist of:

Today: Mary, Mother of Jesus (part 3)

October 8: Mary of Magdala, First Witness to the Resurrection

October 15: Mary and Martha of Bethany

St. Mary's Chapter Meeting - On **Monday, October 2nd**, St. Mary's Chapter will be meeting at 12 noon in the Great Hall, please join men and women of All Saints' for lunch and conversation, followed by an update from Rev. Catherine.

Weekly (Zoom) Bible Study on the Appointed Gospels - To those of you who have yet to join us, the Gospel Bible Study Zoom will welcome anyone for our Monday night sessions. Join us when you can, and don't worry about when you can't! Our Study is guided by the **Rev. Elaine Prince** revprince1986@gmail.com on **Mondays from 7-8:30 PM**. Anyone wishing to study the Gospel reading for the following Sunday may gather on Zoom, hosted by **Lynn Gebrowsky** LGNMI@comcast.net. We will briefly reflect on the previous Sunday's sermon before we look at the upcoming Gospel. The next Gospel Bible study is **October 2, 2023**. For further information you may contact **Rev. Elaine+** via email or (301) 797-0132.

Yoga for All Levels - Find Your Natural Flow, Breath, & Balance with Cindy Burdette, 240 RYT

Join us Mondays from 6:30-7:30pm, starting Monday, October 2nd for a one-hour Vinyasa Flow yoga class perfect for all levels. We'll warm up the body, do a bit of gentle/intermediate flow, then strength-building poses focused on building the core and large muscles, followed by breathwork and relaxation stretches.

This class is great for people trying to build core, back, and hip strength to prevent injury. Cindy will offer lots of adaptations to suit the needs of all. **All Parishioners are invited to attend at no cost.** Please bring your own mat and we will meet in the Parish Hall.

Blessing of the Animals - In honor of the feast of St. Francis of Assisi, we are gathering in the Memorial Garden to bless animals, and to renew our commitment to God's creation. Please join us, **Sunday, October 8th from 3-4 PM in the Memorial Garden**, along with the animals who share your home, to be blessed and renewed for the coming year.. We ask that all animals be kept on a leash or in a carrier, both for their safety and for ours. All are welcome and invited to attend, so please invite your friends and neighbors.

Men's Ministry - The Men' Group is inviting the men of the Church and their friends to gather for worship at the church and then go out for a beverage together. We will kick this off on **Monday, October 16th at 7:00 PM** and the **third Monday of each month from 7-9 PM**. If you have any questions or concerns, please contact **Dan Huebner** at huebner1212@comcast.net.

Harriet Chapel 190th Anniversary Field Trip - Harriet Chapel was consecrated on October 25, 1833, as a mission of All Saints' Episcopal Parish in Frederick. John Brien, a longtime vestry member of All Saints, owned Catoctin Furnace at that time. His wife, Harriet McPherson Brien, also had deep family associations with All Saints.' To mark the occasion, a special tour will take place on **October 21, 2023**. We will start with a 9 a.m. visit to Heritage Frederick (24 E. Church Street in Frederick) where an early 19th century McPherson family wedding dress is on view.

The curator and archivist will give us a special before-hours tour and have planned an added value "pop up" exhibit to share more about McPherson and Brien materials in the collection. Then, we will walk three blocks west to enjoy a tour of All Saints' and if time allows, we will venture across the square to see the Mathias Brien House. Our program will conclude before lunch, but we may plan a Dutch Treat lunch option for anyone interested.

The registration deadline is October 12, 2023 (or until available spaces fill). Please register by emailing **Liz Shatto** at esshatto4@gmail.com. Provide name, email address, and phone number and indicate if there are mobility concerns that should be considered. If you expect to stay for lunch (optional, location TBD). Cost: \$15 per person. All Saints' participants may pay with cash or by check payable to the Harriet Chapel Discretionary Fund. .

Environmental Ministry - Saturday, October 28th, we have the opportunity to support our local parks on Public Lands Day. We have arrangements with Cunningham Falls Park to help them with invasive species removal and trash pick up.

We will start at 9AM and work no later than noon. Tools/equipment will be provided. Gloves will be provided; however, if you have a favorite pair of comfortable work gloves bring them! It is advisable that you wear long pants and a long sleeve shirt because of ticks and the potential for briars/nettles. Bring drinking water.

The address is 14274 William Houck Dr. Thurmont, MD 21788, use this to get into the park and proceed straight. The contact/pay booth may or may not be open, please let them know when you arrive that you are volunteering so you don't have to pay. If no one is there proceed straight ahead and take the first right into the South Beach Area and

then take an immediate left into the top parking tier. Drive to the end and park, you'll see the Nature Center there on the hill.

Please let me know if you are coming by Thursday morning so that I can provide a general headcount for the park service. If you have any questions, please contact **Randy** at r_querry@yahoo.com.

Join the Choir - Do you love to sing? Have you sung in choirs before? Are you new to choir and unsure of what's required? Join us!! We will host four "Join the Choir Sundays" this fall: October 29th, November 26th, and Christmas Eve at the 4PM liturgy.

Interested folks are invited to join the 9:15AM Sunday rehearsal in the chancel to learn a simple piece and sing with the choir at the offertory – come to the chancel during the peace and leave after receiving communion, or join the choir for the entire liturgy, it's up to you! For those interested, please click [HERE](#) for recordings and sheet music.

Youth Convention - The Episcopal Church (TEC) is holding its 81st General Convention in Louisville, KY, June 20-28, 2024. We are soliciting applications/nominations for a YOUTH PRESENCE there.

Episcopal teens ages 16 to 19 are invited to apply. The Episcopal Church budget covers travel, lodging, and meals for those attending orientation (Feb 16-19) and General Convention (June 20-28).

“The voices, experiences, and viewpoints of our young people are invaluable as we seek to discern God's calling for our church. Through the Official Youth Presence, we create opportunities for our youth to engage actively with legislative committees, learn about the governance and polity of The Episcopal Church, and build relationships across the church.” (House of Deputies President Julia Ayala Harris)

Deadline to apply is Nov 17th. For more information or to apply or nominate a teen, please contact **Rev. Angela** at afurlong@allsaintsmd.org.

Ringers Needed - The All Saints Ringers have two open spots in the handbell choir. Interested folks that can read sheet music are encouraged to contact **Jesse** OR just drop by the Faithful Followers room at 6:30 PM on Thursday evenings.



October 2023

The Getting Ahead Program

It's Back! The wonderful program that "helps low-income families move from dependency to self-sufficiency through education, self-assessment, and mentoring experience. The participants will take a look at their current situation and plan for the future all while building relationships, setting goals, and resources to "get ahead". This program serves our local community members who generally would be considered our "working poor."

The Getting Ahead program guides Investigators (participants) through the process of assessing their own resources and how to build those resources as part of their move to self-sufficiency. Getting Ahead Investigators create their own plan for a sustainable life, explore resources needed for sustainability, build healthy relationships with others, begin the process of writing their own future stories, and examine how they can change the legacy they leave to their families and community.

This program is partnering with local organizations and churches to facilitate a 16-week "kitchen table style" program to help people stabilize their situations and build resources to improve their lives.

Here's where All Saints' can help. The sessions are held every other Thursday evening October 2023 through January 2024 and they need our help with:

- Providing meals for the Investigators, Facilitators, children and childcare providers (so that the Investigators don't have to worry about childcare while participating)
- 2-3 people plating the meals/serving the attendees
- Packing up any extra food for the Investigators to take home

The Getting Ahead Program is held at the ERUCC (Evangelical Reformed, United Church of Christ), 15 West Church Street in Frederick, and the food is to be dropped off there at 5:30 pm.

We are requesting ministries, families, or other groups of our All Saints' community to coordinate amongst their groups to provide the meal. I hope that as you read this you will think about offering to prepare an entree, side dish, salad, dessert, or snacks for these adults and a few children. Previously we have had wonderful participation from many various groups and committees who coordinated together to provide a meal, and the outpouring of this support was so greatly appreciated by the Investigators and the local non-profits running this program in Frederick. One of the Facilitators said of All Saints', "We are amazed and humbled that people are taking time out of their busy lives to do this for people they do not even know. We are grateful for the commitment of your members to helping these individuals improve their quality of life."

If you want to help the community by supporting the Getting Ahead program, please contact **Katy Ackland**, kackland921@aol.com or 240-336-3230 for more information. Ministry leaders - be on the lookout for a call or email from me soon to request your team's help with this important opportunity! If you're new and want to engage in this outreach, please contact me. We are also looking for assistance with managing this wonderful program.

Thank you in advance for your support.

All Saints' Episcopal Church Staff

The Rev. Catherine Thompson, Priest-In-Charge
cthompson@allsaintsmd.org 301-663-5625

Jesse Ratcliffe, Music Director
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The Rev. Elaine Prince, Assisting Priest
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The Rev. Angela Furlong, Assoc. for Children & Youth
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Nancy McArthur, Sexton
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Vickie Burgee, Parish Administrator
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All Saints' Officers and Vestry

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